

## **Information about your assessment**

A typical Assessment Day will be similar to as follows.

1. A short presentation on Challenger Sports
2. 10 - 15 minutes coaching session ran by each candidate.
3. Individual face to face interview to determine the candidate's suitability to the programme.

## **Your Assessment**

We will use this time to begin evaluating which age groups and levels of players your personality and coaching style would be best suited for. Your short coaching session lasting approx. 10 - 15 minutes should be taken from one of the topics below.

Please use the [Blank Lesson Plan](#) to plan your session - It is important you have completed this so we can see your progression on paper. You will be advised 7-10 days before your recruitment day what your coaching session will be.

N.B. For more information on how to set up your Challenger Sports Assessment please see our [Stages In A Coaching Progression](#) document.

We would like to see you set up a basic unopposed technical practice and gradually add elements of pressure & opposition and aiming to finally finish in a game related activity. As the majority of our campers are between the ages of 7 and 12 we recommend that you create your coaching plan as if you were coaching 12 players of average ability aged 12 years old. We will be looking for you to demonstrate the following:

- Set up of the appropriate coaching area
- Communication of clear instructions to the group
- **Stepping in and coaching an individual within the group**
- Gradually adding pressure
- Enthusiasm and good use of voice
- Progression of your practice from unopposed, to opposed, to game related.

## **What to bring**

You will need to print off and bring the following items:

- Signed copy of your [Programme Agreement](#)
- 3 completed [Reference Forms](#)
- [Blank Coaching Plan](#)
- Photocopies of Coaching Certificates (if applicable)
- Photocopy of Passport details page
- Football
- Indoor and outdoor clothing and footwear- please ensure this includes boots and astro trainers/ turf shoes.
- Your £100 deposit- this can be cash or a cheque- if it's a cheque please make it payable to Challenger Sports. Please be aware that we do NOT accept debit cards- payment can only be made by cash, cheque or Credit Card.